



## Early Childhood Educator Classes: January - March 2020

### Olympia (beginning on page 2)

- 1/21/2020 Car Seat Safety Awareness
- 2/05/2020 Introduction to the ERS-3
- 2/08/2020 FCC Providers: A Closer Look at Emergent Curriculum Development (See prerequisite)
- 2/12/2020 DCYF Electronic Attendance System Training
- 2/20/2020 Reality Bites
- 3/07/2020 A Mindshift in Considering Children's Behaviors: Polyvagal Theory in Practice
- 3/19/2020 Introduction to Best Practices: Learning Activities
- 3/18/2020 Art for Discovery
- 3/24/2020 Playful Math in the Early Learning Environment

### Bremerton (beginning on page 5)

- 1/28/2020 Introduction to the ERS-3
- 2/13/2020 Promoting Healthy Eating and Physical Activity in Early Childhood Settings
- 2/26/2020 Introduction to Best Practices: Learning Activities
- 3/11/2020 DCYF Electronic Attendance System Training

### Aberdeen (beginning on page 7)

- 2/01/2020 Introduction to the ERS-3
- 2/01/2020 Introduction to Best Practices: Learning Activities
- 4/18/2020 ***SAVE THE DATE Carousel Conference – 6 Hours STARS – Conference brochure will be available by March 1<sup>st</sup>***





## Olympia Classes

Register at <http://www.ccacwa.org/upcoming-classes> or call Nancy at (360) 754-0817

<p>Car Seat Safety Awareness</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>Even if you don't transport children, you can support families in safe travel if you fully understand WA State car seat law and have the confidence to offer information. Learn the stages of child restraints, how different car seats work, and how seats should be installed. Find out how to identify misuse and how to locate local resources. Danielle King is a National Highway Transportation Safety Administration (NHTSA) child passenger safety technician and former child care center director.</p> <p>Instructor: Danielle King</p>	<p>1/21/20</p>	<p>6:30 – 8:30 pm</p>
<p>Introduction to the ERS-3</p> <p><b>\$20</b> <b>2.5 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-3. This session will introduce the Environment Rating Scale (Third Edition) tools: what they measure, definitions of terms, and how to score the assessment. Participants will focus on themes in the tools and will examine what they already know about these themes: teaching and interactions, quality learning environments and best practices.</p> <p>Instructor: Susan Burnham, M.i.T.</p>	<p>2/5/20</p>	<p>6:30 – 9:00 pm</p>
<p>FCC Providers: A Closer Look at Emergent Curriculum Development</p> <p><b>\$40</b> <b>4 STARS hours</b></p>	<p>To register for this session, you must have attended last quarter's class, "Supporting Child Outcomes with the Washington State ELGS." Have you ever wondered if the curriculum your program is using is effective? Do you want to create or adopt a curriculum, but have limited funds, or are not sure where to start? Do you want to make sure your current curriculum is aligned with the Washington State Early Learning and Development Guidelines, but it seems too daunting? This training is designed to help all providers define, develop and deliver emergent curriculum that is fun and stimulating for the children, while ensuring that it is aligned with</p>	<p>2/8/20</p>	<p>9:00 am – 1:30 pm</p>





	<p>the WA Early Learning Guidelines. We will focus on helping you decide what kind of curricula best fits your program and discuss what modifications you may need to make to ensure it meets the needs of each age group. Our goal is that you will walk away from this training with the ability to create a dynamic curriculum that will best meet the needs of your program and the children and families you serve. This class supports Early Achievers by addressing the Quality Standards in Curricular and Staff Supports. <b>Participants will have a 30-minute lunch break.</b></p> <p>Instructor: Heidi Scott</p>		
<p>DCYF Electronic Attendance System Training</p> <p><b>No charge</b> <b>No STARS hours</b></p>	<p>This is the initial training for DCYF's new electronic training system. It is an alternative to the online class, but you do not need to do both the online and in-person sessions, as they are essentially the same. No STARS hours provided. Please bring your STARS and SSPS number to class. For more information on training options, visit <a href="https://www.dcyf.wa.gov/services/early-learning-providers/electronic-attendance-system/training">https://www.dcyf.wa.gov/services/early-learning-providers/electronic-attendance-system/training</a>. If you have already taken this class, but need additional technical assistance, contact CCAC at 360-786-8907, ext. 100.</p> <p>Instructor: Heidi DeVries, M.Ed.</p>	2/12/20	6:30 – 8:30 pm
<p>Reality Bites!</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>Biting hurts toddlers, frustrates caregivers, angers parents, and often confounds administrators. Yet, biting is unfortunately not unexpected in group childcare. It can affect any toddler in any group setting and can have developmental, emotional, or environmental causes. This class offers background information on why toddlers bite, along with practical suggestions and tools to help prevent biting and appropriate responses for when they do.</p> <p>Instructor: Rose Tiller</p>	2/20/20	6:30 – 8:30 pm
<p>A Mindshift in Considering Children's</p>	<p>Do you wonder why children act the way they do? Are you seeking answers around how to support children and help them through challenging</p>	3/7/20	9:00 am – 12:00 pm





<p>Behaviors: Polyvagal Theory in Practice</p> <p><b>\$30</b> <b>3 STARS hours</b></p>	<p>behaviors when the traditional methods have not worked? This is an advanced class for those who want to learn a theory that will help to broaden understanding of where children’s behaviors are coming from and how best to support them in the moment. Come build your understanding and compassion for others as you work to understand how the human body and experience shape the way we act.</p> <p>Instructor: Heidi DeVries, M.Ed.</p>		
<p>Art for Discovery</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>Is your art time not what you want it to be? Out of fresh ideas? Come consider why art is important, identify art that is developmentally appropriate for children, and discuss great ways to implement and display children’s art in the child care environment. Leave with ideas for art projects that provide children with fun opportunities for discovery and learning.</p> <p>Instructor: Heidi DeVries, M.Ed.</p>	<p>3/18/20</p>	<p>6:30 – 8:30 pm</p>
<p>Introduction to Best Practices: Learning Activities</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-R and ERS-3. This session will introduce best practices for maximizing children’s use of blocks, fine motor, dramatic play, music, and art materials. Come explore what research says about how children learn, what adults can do to prepare these specific play areas, and how adult-child interactions can complement children’s learning without interrupting it. This is a class for providers who are fairly new to the field or for those who want to review best practices in the ERS.</p> <p>Instructor: Connie Dougherty, M.Ed.</p>	<p>3/19/20</p>	<p>6:30 – 8:30 pm</p>





<p>Playful Math in the Early Learning Environment</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>Playfully incorporating math throughout your learning environment develops confidence and love of learning in children. Children begin exploring math concepts in infancy! Expand on the math conversations you have with children and help develop the problem solving and critical thinking skills needed in kindergarten and life. Discover the brain science behind how children learn best while practicing interactions and activities to use with children birth through age 5. Plan how you will incorporate math concepts, materials and vocabulary throughout your daily routine. Instructor: Susan Burnham, M.i.T.</p>	<p>3/24/20</p>	<p>6:30 – 8:30 pm</p>
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### Bremerton Classes

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<p>Introduction to the ERS-3</p> <p><b>\$20</b> <b>2.5 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-3. This session will introduce the Environment Rating Scale (Third Edition) tools: what they measure, definitions of terms, and how to score the assessment. Participants will focus on themes in the tools and will examine what they already know about these themes: teaching and interactions, quality learning environments and best practice. Instructor: Susan Burnham, M.i.T.</p>	<p>1/28/20</p>	<p>6:30 – 9:00 pm</p>
<p>Promoting Healthy Eating and Physical Activity in Early Childhood Settings</p> <p><b>\$15</b> <b>1.5 STARS hours</b></p>	<p>This class is for center and FCC child care providers. During the early years, children form habits that last into adulthood. There are many opportunities for early childhood educators to work with families to support healthy starts for this population. Three early childhood organizations and the local public health district have partnered to develop a toolkit focused on healthy eating and physical activity. This toolkit has been implemented in all of the Head Start/Early Head Start classrooms in Kitsap County</p>	<p>2/13/20</p>	<p>6:30 – 8:00 pm</p>





	<p>and is ready to be shared with other childcare settings across the county. This presentation will include a walk through the resource guide with hands-on exercises and a share-out of implementation experiences and lessons learned. Participants will receive one copy of the resource guide, as well as a children's game on a handy lanyard (one set per facility).</p> <p>Instructor: Karen Boysen-Knapp, Healthy Communities Specialist, Kitsap Public Health District</p>		
<p>Introduction to Best Practices: Learning Activities</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-R and ERS-3. This session will introduce best practices for maximizing children’s use of blocks, fine motor, dramatic play, music, and art materials. Come explore what research says about how children learn, what adults can do to prepare these specific play areas, and how adult-child interactions can complement children’s learning without interrupting it. This is a class for providers who are fairly new to the field or for those who want to review best practices in the ERS.</p> <p>Instructor: Connie Dougherty, M.Ed.</p>	2/26/20	6:30 – 8:30 pm
<p>DCYF Electronic Attendance System Training</p> <p><b>No charge</b> <b>No STARS hours</b></p>	<p>This is the initial training for DCYF's new electronic training system. It is an alternative to the online class, but you do not need to do both the online and in-person sessions, as they are essentially the same. No STARS hours provided. Please bring your STARS and SSPS number to class. For more information on training options, visit <a href="https://www.dcyf.wa.gov/services/early-learning-providers/electronic-attendance-system/training">https://www.dcyf.wa.gov/services/early-learning-providers/electronic-attendance-system/training</a>. If you have already taken this class, but need additional technical assistance, contact CCAC at 360-786-8907, ext. 100.</p> <p>Instructor: Heidi Scott</p>	3/11/20	6:00 – 8:00 pm





## Aberdeen Classes

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<p>Introduction to the ERS-3</p> <p><b>\$20</b> <b>2.5 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-3. This session will introduce the Environment Rating Scale (Third Edition) tools: what they measure, definitions of terms, and how to score the assessment. Participants will focus on themes in the tools and will examine what they already know about these themes: teaching and interactions, quality learning environments and best practice. Instructor: Susan Burnham, M.i.T.</p>	<p>2/1/20</p>	<p>9:30 am – 12:00 pm</p>
<p>Introduction to Best Practices: Learning Activities</p> <p><b>\$20</b> <b>2 STARS hours</b></p>	<p>This is one of six modules in the “Best Practices Series” that supports Early Achievers by emphasizing high-quality adult practices measured by the ERS-R and ERS-3. This session will introduce best practices for maximizing children’s use of blocks, fine motor, dramatic play, music, and art materials. Come explore what research says about how children learn, what adults can do to prepare these specific play areas, and how adult-child interactions can complement children’s learning without interrupting it. This is a class for providers who are fairly new to the field or for those who want to review best practices in the ERS. Instructor: Susan Burnham, M.i.T.</p>	<p>2/1/20</p>	<p>1:00 – 3:00 pm</p>



**SAVE THE DATE: 4/18/2020**

**Carousal Conference**

**6 Hours STARS**

Conference brochure will be available around March 1st

