

Great Olympia Bike Rodeo

Pop-Up Traffic Gardens!

Traffic gardens are fun and a great place to learn and practice bicycle safety skills. Visit a temporary traffic garden at Garfield Elementary, July 11-17, Roosevelt Elementary, August 1-7 or visit the permanent traffic garden at Mountain View Elementary in Lacey. While you ride in the traffic garden, practice each of the skills below. Check-off the skills you complete.

Wear a properly fitted helmet.

Stop at the stop signs.

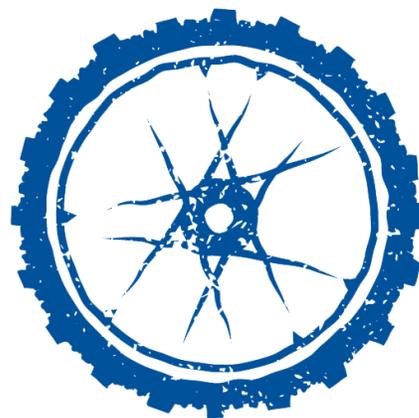


Check left, right, and left to make sure the road is clear.

Hand signal before turning left.

Hand signal before turning right.

Hand signal before stopping.

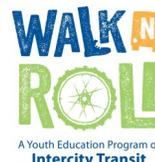


Send your completed traffic garden check-list to mmorales@ci.olympia.wa.us by August 15 and we will mail you a prize. Send us a photo of yourself in the traffic garden for a bonus prize! By sending a photo, you give us permission to use the photo for promotion.

Name: _____

Mailing Address: _____

Which traffic garden did you visit? _____



When riding your bike, you should always wear a properly fitted helmet. Before you ride, follow the steps below to make sure your helmet fits properly. A properly fitted helmet is the most effective way to prevent a head injury resulting from a bicycle crash. Follow the QR code for more traumatic brain injury information and prevention tips:



1		Eyes: Put the helmet on your head. Look up. You should see the bottom rim of the helmet.
2		Ears: Make sure the straps form a 'V' under your ears when buckled. The straps should be a little tight but comfortable.
3		Mouth: Open your mouth as wide as you can. Does the helmet hug your head? If not, tighten the straps.

Bicyclists use hand signals to communicate to drivers and other road users. Signal before you turn left, turn right or stop. There are two different hand signals for a right turn; you can practice using both.

