

## Child Care Action Council

### Classes July – Dec, 2017

**The following classes are scheduled for OLYMPIA (scroll down for other locations)**

Register at [www.ccacwa.org](http://www.ccacwa.org) or call Nancy at (360) 754-0817

Using STEM in Creative Outdoor Environments	Children become totally engrossed in creative outdoor play when we provide more than stationary playground equipment and ground cover! This class will inspire you with ideas for enriching your outdoor space with loose parts and natural elements that encourage more complex play and scientific exploration. Heidi DeVries, M.Ed.	7/12/17	6:30-8:30 pm
NEW! Supervision at its Best	How do we keep a close eye on multiple children while we play, talk, and accomplish daily chores? It's no small task, yet we are 100% responsible for keeping all of these precious children safe! Come review what best practice supervision looks like, and discuss tried-and-true strategies that will help you supervise with diligence. Rose Tiller	7/20/17	6:30-8:30 pm
Using the FCCERS & ITERS	Preparing for an Early Achievers quality rating? The Environment Rating Scales are important tools to understand. This class will explain the <b>family child care scale (FCCERS)</b> and the <b>center infant and toddler scale (ITERS)</b> for birth to 2-1/2). Learn how scoring works, the subtle requirements around accessibility, and the not-so-obvious pitfalls that you will want to avoid. This class will begin with a brief review of the basics, and move quickly toward more technical aspects of the tools. If you own a FCCERS or ITERS spiral, please bring it to class. Connie Dougherty	7/29/17	9:30 am to 12 pm
NEW! Harvest for Healthy Kids: A Farm to Preschool Curriculum	Let's teach children how to love fruits and vegetables! This class will show you a great way to get kids to try new fruits and vegetables that are local to your area. Using the Harvest for Healthy curriculum (free) online access, you will be able to immediately begin this fun program. Class includes hands-on practice and opportunities to	8/17/17	6:30-8:30

	explore some of the activity kits. Come join in the fun of teaching children about fruits and vegetables! Rose Tiller		
School Readiness	School readiness means that children are ready for school, families are ready to support children's learning, and schools are ready for children. This training will introduce and model instructional techniques measured in the CLASS: emotional support, well organized learning environments, and instructional techniques. No online registration; please call. Early Achievers primary and secondary contacts in MERIT may attend this class one time at no charge. Connie Dougherty	9/9/17	8:30 am - 12:30 pm
Introduction to Cultural Competence	Through this training, early childhood professionals will reflect on their daily caregiving and teaching practices of young children, heighten their level of awareness of cultural influences, and increase their ability to interact competently with children and families. No online registration; please call. Early Achievers primary and secondary contacts in MERIT may attend this class one time at no charge. Debbie Roberts, M.A.	9/9/17	1:30- 3:30 pm
Infant, Child & Adult CPR & First Aid	Meets DEL requirements for child care providers. <b>Bring your food for a working lunch.</b> (No lunch break provided.) <b>NO STARS HRS.</b>	9/16/17	9:00- 3:00
What to do with the "Terrible Twos"	Toddlers are energetic and lots of fun, but what can early childhood professionals do when toddler behaviors become challenging and possibly harmful? Let's discuss a variety of challenging toddler behaviors and examine the causes. Through the lens of toddler development, we can find appropriate ways to address challenging situations to make the "terrible twos" the "terrific twos!" This class is for caregivers of children 18 months through 3 years old. Rose Tiller	9/19/17	6:30- 8:30
NEW! Books for Engagement and in the Environment	Have you ever started reading a book aloud, only to have children lose interest right away? Let's talk about how to really engage young children in books by using proven read-aloud strategies and by incorporating books in interesting ways	9/26/17	6:30- 8:30

	throughout the environment. Come prepared to share your best tips with others! Heidi DeVries, M.Ed.		
NEW for Directors! Guided Goal Setting for Groups	Directors often say they want input and support from staff members. Staff often say they want to be involved in decision-making. Accomplishing this is a challenge all leaders face! Come consider your vision for your program, and use your creative skills to make your own "vision board." After focusing on vision, you'll participate in a goal-setting activity that you can take back and use with your staff members. Connie Dougherty and Jean Hill-Miller, M. Ed.	10/12/17	12-2 pm
NEW! FLIP IT! 4 Steps to Addressing Challenging Behavior	Dealing with challenging behavior? This class is for teachers of children ages 2-1/2 years and up. In this session we'll cover 4 supportive steps to use <i>in the moment</i> , when challenging behavior occurs. Child hits or kicks? FLIP IT! Child grabs a toy? FLIP IT! Over time, this method will reduce challenging behavior and help children learn healthy self-control. The easy-to-remember FLIP IT method can be used in everyday situations and with serious behavior challenges. Follow-up coaching for Early Achievers sites is available. Terri Sutovich	10/14/17	9:00 am - 12:00 pm
NEW! Imagination Station: Creating a Vibrant Dramatic Play Area	Does your dramatic play area need a little help? Has it been awhile since it was spruced up with some new and interesting materials? Do you want some ideas for creating a well-developed theme? If so, then this class is for you! Let's explore ideas for developing themes within the dramatic play area, and share ideas for adding materials that will actively engage children in play. An added bonus: This class will support your work in Early Achievers and help you build parent and community involvement as you foster dramatic play in your home or center. <b>* Bring a photo of your dramatic play area to share with others either just to share of to get some inspiration.</b> Heidi DeVries, M.Ed.	10/18/17	6:30- 8:30 pm

<p>Strengthening Families Training</p>	<p>Strengthening Families Protective Factors are a framework for child abuse and neglect prevention and promoting optimal development. The protective factors shift the focus of efforts from family risks to family strengths and resiliency. By recognizing and building on existing strengths within communities and families, we can support all families in providing a healthy, safe, and loving environment for children. <b>30 min. lunch break.</b> No online registration; please call. Early Achievers <u>primary</u> and <u>secondary</u> contacts in MERIT may attend this class one time at no charge. Jean Hill-Miller, M.Ed.</p>	<p>10/21/17</p>	<p>9:00 am -3:30 pm</p>
<p>NEW! Understanding Executive Function</p>	<p>Children aren't born with life skills; they're born with the potential to develop them! The skills that children need in order to thrive are all connected to using the prefrontal cortex of the brain. Come learn more about the importance of executive function and how <u>you</u> can use everyday interactions to optimize the "air traffic control system" in children's brains. Rose Tiller</p>	<p>10/24/17</p>	<p>6:30- 8:30 pm</p>
<p>NEW! Collaborative Teaching</p>	<p>What is your greatest resource as an early childhood professional? Each other! This class is for teachers who work as part of a teaching team. Whether you are a co-teacher in a classroom or family home, this class is designed to support both of you in learning how to work cohesively in the environment. This class will guide you through team building activities and highlight the benefits of true collaborative teaching. Come learn strategies for using your strengths and weaknesses to better support one another as a dynamic teaching team. For maximum benefits, have your co-teacher register and attend with you! Heidi DeVries, M.Ed.</p>	<p>10/26/17</p>	<p>6:30- 8:30 pm</p>

Art for Discovery	Is your art time not what you want it to be? Out of fresh ideas? Come consider why art is important, identify art that is developmentally appropriate for children, and discuss great ways to implement and display children's art in the child care environment. Leave with ideas for art projects that provide children with fun opportunities for discovery and learning. Heidi DeVries, M.Ed.	11/4/17	9:30 am to 12 pm
Family-Friendly Policies	What should you do when families won't follow your policies? What about those parents who always want you to make exceptions for them? This session is all about finding that balance between enforcing rules and building relationships. Expect lots of discussion with your colleagues! Rose Tiller	11/8/17	6:30-8:30
Infant, Child & Adult CPR & First Aid	Meets DEL requirements for child care providers. <b>Bring your food for a working lunch.</b> (No lunch break provided.) <b>NO STARS HRS.</b>	11/18/17	9:00-3:00
NEW for Directors! Coaching for Directors	This class is designed to open a conversation about how directors can effectively coach their teachers. Directors, what you say and do as a coach matters—to teachers and ultimately to young children and their families. In this session, you will gain insight and learn strategies about coaching that will enhance your effectiveness no matter what coaching approach you may be using, no matter the setting where you practice. Learning, growing, and positive change are most likely to occur when a director (coach) and teacher connect, work together to identify goals, share ideas and resources, raise questions, determine realistic next steps, and support one another over time. Come hear more! Jean Hill-Miller, M.Ed.	12/7/17	12-2 pm
NEW Book Club! <i>Learning from the Bumps in the Road</i>	This class meets one evening for four months, and provides 7 STARS hours and a book to keep. Participants must read about 60 pages per month. <i>Learning from the Bumps in the Road</i> is a compilation of essays by 4 respected leaders in early childhood. Each chapter presents a dialog between the authors on a particular topic. While reading the material, and while discussing in class, you will be encouraged to think more deeply and	9/21/2017 10/19/17 11/16/17 12/14/17	6:30-8 pm

	openly about your practices and philosophies. Book will be provided after registration. This class is for people who enjoy reading and discussing! Jean Hill-Miller, M.Ed.		
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**The following classes are scheduled for SHELTON**

Register at [www.ccacwa.org](http://www.ccacwa.org) or call Nancy at (360) 754-0817

Understanding the Roots of Behavior	Challenging behaviors are often the result of unmet needs. Hear about five causes of challenging behavior and then learn about the ten important social and emotional needs of children and what you can do to meet those needs. When needs are met through relationships, children will behave better and be ready to learn. Connie Dougherty	9/21/17	6:30-8:30 pm
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**The following classes are scheduled for ABERDEEN**

Register at [www.ccacwa.org](http://www.ccacwa.org) or call Nancy at (360) 754-0817

Art for Discovery	Did you miss this session at April's Carousel Conference? Here's your second chance! Is your art time not what you want it to be? Out of fresh ideas? Come consider why art is important, identify art that is developmentally appropriate for children, and discuss great ways to implement and display children's art in the child care environment. Leave with ideas for art projects that provide children with fun opportunities for discovery and learning. Heidi DeVries, M.Ed.	9/23/17	9:30 am to 12 pm
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**The following classes are scheduled for BREMERTON**

Register by calling Nancy at (360) 754-0817

Introduction to Cultural Competence	Through this training, early childhood professionals will reflect on their daily caregiving and teaching practices of young children, heighten their level of awareness of cultural influences, and increase their ability to interact competently with children and families. No online registration; please call. Early Achievers primary and secondary contacts in MERIT may attend this class one time	10/14/17	10 am - 12 pm
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	at no charge. Heidi Scott		
School Readiness	School readiness means that children are ready for school, families are ready to support children's learning, and schools are ready for children. This training will introduce and model instructional techniques measured in the CLASS: emotional support, well organized learning environments, and instructional techniques. No online registration; please call. Early Achievers primary and secondary contacts in MERIT may attend this class one time at no charge. Connie Dougherty	10/14/17	12:30-4:30 pm
Strengthening Families Training	Strengthening Families Protective Factors are a framework for child abuse and neglect prevention and promoting optimal development. The protective factors shift the focus of efforts from family risks to family strengths and resiliency. By recognizing and building on existing strengths within communities and families, we can support all families in providing a healthy, safe, and loving environment for children. <b>30 min. lunch break.</b> No online registration; please call. Early Achievers <u>primary</u> and <u>secondary</u> contacts in MERIT may attend this class one time at no charge. Terri Sutovich	11/18/17	9:00 am - 3:30 pm